# A HELPFUL TIMELINE

# Applying to Grad School



### Research Potential Programs

There are many types of psychology programs that vary by topic (clinical, school, counseling, etc) and degree (PhD, PsyD, etc). If you're not sure which program is best, reach out to local psychologists to ask questions about what a typical day is like.



#### **Contact Reference Writers**

It is important to give reference writers plenty of notice. You can also ask if they would have time to review your application materials!

# Reach out to Prospective Mentors

Contacting faculty at the universities you're applying to with a thoughtful, specific question about their research can help them remember you at interviews!



## **Write Application Materials**

Highlight your relevant research, academic, and applied experiences in your written application materials. Make sure to read all essay prompts carefully and address every component!



## **Edit Application Materials**

Edit your materials as many times as possible, and get feedback from reference writers and peers.

They can help make your writing succinct and clear!



## **Submit Application Materials**

Aim to submit your materials 24 hours in advance of the deadline in case of technical difficulties. Always check for proper spelling of any university and faculty names before submitting your materials!



#### Attend Interviews

Interviews can be intimidating, but remember to be yourself. You will attend a program for a few years, so you want to make sure your personality is a good fit with current students and faculty!



#### **Make Decision**

If you have any questions when you are making decisions, don't hesitate to reach out to your potential mentor. You want to find the best fit for you to achieve your goals and be happy!

